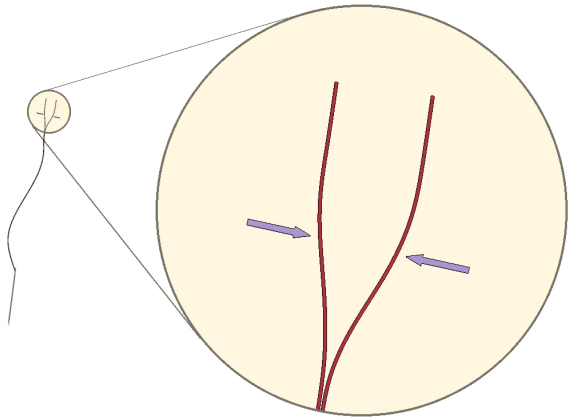
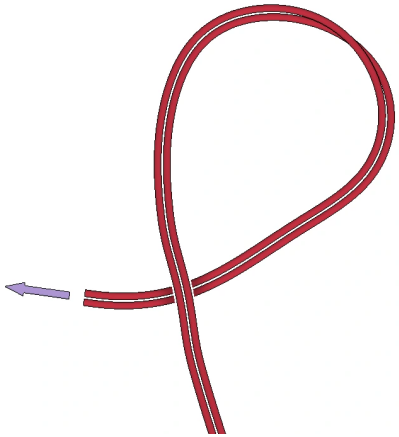
Starter knot

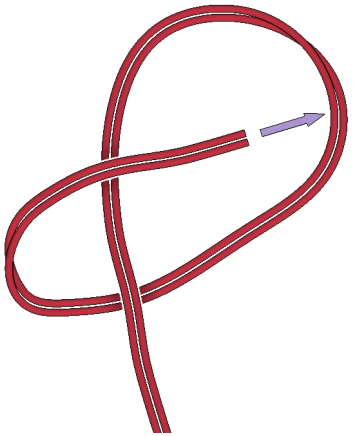
1 Hold tails together



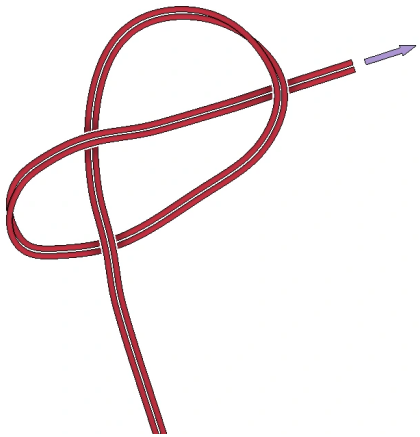
2 Cross the tails under



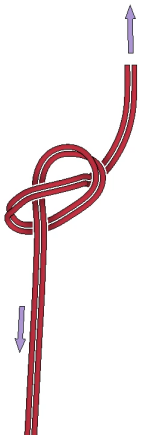
3 Bring tails over loop



4 Pass tails through the loop



5 Pull tight



6 Knot secured

